

**Andrew A. Abeyta**  
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## Academic Appointments

Associate Professor of Psychology 2025 – Present  
Rutgers University Camden

Assistant Professor of Psychology 2017 - 2025  
Rutgers University Camden

## Other Current Professional Affiliations

Research Fellow- Archbridge Institute Human Flourishing Lab

## Education

North Dakota State University 2012-2017  
Doctor of Philosophy: Social/Health Psychology  
Dissertation: Awakening the Social Self: Nostalgia Regulates Loneliness by Energizing Approach-Related Social Motivation

The University of Colorado at Colorado Springs 2009- 2012  
Masters of Arts: Experimental Psychology  
Thesis: The Impact of Existential Threat on the Existentially Indifferent

The Colorado College 2005- 2009  
Bachelors of Arts: Psychology  
Thesis: Extending Stereotype Threat to Low-Income Parents: Impact on Parenting Styles

## Publications

### *Peer Reviewed Articles*

\*Undergraduate author under my supervision \*\*Graduate student under my supervision

Abeyta, A. A., & \*\*Du, X. (2025). What makes college meaningful for first-generation students? A quantitative content analysis of first-generation and continuing-generation students writings on why college is purposeful and important. *Journal of First-Generation Student Success*.  
<https://doi.org/10.1080/26906015.2025.2546412>

- Abeyta, A. A.,** Corley, D., & \*Hasna, N. (2024). Nostalgia promotes positive beliefs about college belonging and success among first-generation college students. *International Journal of Applied Positive Psychology*. <https://doi.org/10.1007/s41042-024-00163-4>
- \*Trieu, E., & **Abeyta, A. A.** (2023). Finding meaning in education bolsters academic self-efficacy. *International Journal of Applied Positive Psychology*, 8, 383-403. <https://doi.org/10.1007/s41042-023-00095-5>
- Abeyta A. A.,** & \*\*Pillarisetty, S. (2023). Nostalgia supports a meaningful life. *Current Opinion in Psychology*, 49, Article 101520. <https://doi.org/10.1016/j.copsyc.2022.101520>
- Abeyta, A. A.,** & Juhl, J. (2023). Nostalgia restores meaning in life for lonely people. *Emotion*, 23(6), 1791–1795. <https://doi.org/10.1037/emo0001190>
- FioRito, T. A., **Abeyta, A. A.,** & Routledge, C. (2021). Religion, paranormal beliefs, and meaning in life. *Religion, Brain, and Behavior*, 11, 139-149. <https://doi.org/10.1080/2153599X.2020.1824938>
- Routledge, C., FioRito, T. A., Bitzan, J. D., & **Abeyta, A. A.** (2021). Does existential well-being promote positive attitudes about entrepreneurs? *Journal of Consumer Satisfaction, Dissatisfaction and Complaining Behavior*, 34, 1-5. <https://jcsdcb.com/index.php/JCSDCB/article/view/474>
- Nelson, T. A., **Abeyta, A. A.,** & Routledge, C. (2021). What makes life meaningful for theists and atheists? *Psychology of Religion and Spirituality*, 13(1), 111–118. <https://doi.org/10.1037/rel0000282>
- Abeyta, A. A.,** Routledge, C., & \*\*Kaslon, S. (2020). Combating loneliness with nostalgia: Nostalgic feelings attenuate negative thoughts and motivations associated with loneliness. *Frontiers in Psychology*, 11, Article 1219. <https://doi.org/10.3389/fpsyg.2020.01219>
- Nelson, T. A., **Abeyta, A. A.,** & Routledge, C. (2020). Does Meaning Motivate Magical Thinking Among Theists and Atheists? *Social Psychological and Personality Science*, 11(2), 176–184. <https://doi.org/10.1177/1948550619829063>
- Fetterman, A. K., Juhl, J. T., Meier, B. P., **Abeyta, A. A.,** Routledge, C., & Robinson, M. D. (2020). The path to God is through the heart: Metaphoric self-location as a robust predictor of religiosity. *Self and Identity*, 19, 650-672. <https://doi.org/10.1080/15298868.2019.1651389>
- Abeyta, A. A.,** Nelson, T. A., & Routledge, C. (2019). The pushes and pulls of the past: The effects of attachment-related avoidance on approach-oriented social goals. *Personality and Individual Differences*, 149, 200-208. <https://doi.org/10.1016/j.paid.2019.06.008>

- Abeyta, A. A., & Routledge, C.** (2018). The need for meaning and religiosity: An individual differences approach to assessing existential needs. *Personality and Individual Differences, 123*, 6-13. <https://doi.org/10.1016/j.paid.2017.10.038>
- Routledge, C., **Abeyta, A. A.,** Roylance, C. & (2018). Death and end times: The effects of religious fundamentalism and mortality salience on apocalyptic beliefs. *Religion, Brain & Behavior, 8*, 21-30. <https://doi.org/10.1080/2153599X.2016.1238840>
- Abeyta, A. A.,** Routledge, C., Kersten, M., & Cox, C. R. (2017). The existential cost of financial insecurity: Financial insecurity undermines perceptions of meaning in life. *The Journal of Social Psychology, 157*, 692-702. <https://doi.org/10.1080/00224545.2016.1270892>
- Abeyta, A. A.,** Routledge, C., & Sedikides, C. (2017). Material meaning: Narcissists gain greater existential benefits from extrinsic than intrinsic goals. *Social Psychological and Personality Science, 8*, 219-228. <https://doi.org/10.1177/1948550616667618>
- Routledge, C., **Abeyta, A. A.,** & Roylance, C. (2017). We are not alone: meaning motive, religiosity, and belief in extraterrestrial intelligence. *Motivation and Emotion, 41*, 135-146. <https://doi.org/10.1007/s11031-017-9605-y>
- Routledge, C., Roylance, C., & **Abeyta, A. A.** (2017). Miraculous meaning: Threatened meaning increases belief in miracles. *Journal of Religion and Health, 56*, 776-783. <https://doi.org/10.1007/s10943-015-0124-4>
- Routledge, C., Roylance, C., & **Abeyta, A. A.** (2017). Further exploring the link between religion and existential health? The effects of religiosity and trait differences in mentalizing on indicators of meaning in life. *Journal of Religion and Health, 56*, 604-613. <https://doi.org/10.1007/s10943-016-0274-z>
- Abeyta, A. A.,** & Routledge, C. (2016). Fountain of youth: The impact of nostalgia on subjective age and implications for health. *Self and Identity, 15*, 356-369. <https://doi.org/10.1007/s10943-015-0124-4>
- Routledge, C., **Abeyta, A. A.,** Roylance, C. (2016). An existential function of evil: The effects of religiosity and compromised meaning on belief in magical forces. *Motivation and Emotion, 40*, 681-688. <https://doi.org/10.1007/s11031-016-9571-9>
- Roylance, C., **Abeyta, A. A.,** & Routledge, C. (2016). I am not an animal, but I am a sexist: Beliefs in human distinctiveness predicts sexist attitudes toward women and perceptions of meaning in life. *Feminism and Psychology, 26*, 368-377. <https://doi.org/10.1177/0959353516636906>
- Abeyta, A. A.,** Routledge, C., & Juhl, J. (2015). Looking back to move forward: Nostalgia as a psychological resource for promoting relationship aspirations and overcoming relationship challenges. *Journal of Personality and Social Psychology, 109*, 1029-1044. <https://doi.org/10.1037/pspi0000036>

- Abeyta, A. A.**, Routledge, C., Juhl, J., & Robinson, M. D. (2015). Finding meaning through emotional understanding: Emotional clarity predicts meaning in life and adjustment to existential threat. *Motivation and Emotion*, *39*, 973-983. <https://doi.org/10.1007/s11031-015-9500-3>
- Abeyta, A. A.**, Routledge, C., Roylance, C., Wildschut, T., & Sedikides, C. (2015). The relationship between attachment-related avoidance and the social and agentic content of nostalgia. *Journal of Personal and Social Relationships*, *32*, 406-413. <https://doi.org/10.1177/0265407514533770>
- Smith, A. J., **Abeyta, A. A.**, Hughes, M., & Jones, R. T. (2015). Persistent grief in the aftermath of mass violence: The predictive roles of posttraumatic stress symptoms, self-efficacy, and disrupted worldview. *Psychological Trauma: Theory, Research, Practice and Policy*, *7*, 179-186. <https://doi.org/10.1037/tra0000002>
- Abeyta, A. A.**, Juhl, J., & Routledge, C. (2014). Exploring the effects of self-esteem and mortality salience on proximally and distally measured death-anxiety: A further test of the dual defense model of terror management. *Motivation and Emotion*, *38*, 523-528. <https://doi.org/10.1007/s11031-014-9400-y>
- Maxfield, M., Greenberg, J., Pyszczynski, T., Weise, D., Kosloff, S., Soenke, M., **Abeyta, A. A.**, & Blatter J. (2014). Increases in generative concern among older adults following reminders of mortality. *International Journal of Aging*, *79*, 1-21. <https://doi.org/10.2190/AG.79.1.a>
- Routledge, C., Juhl, J., **Abeyta, A. A.**, & Roylance, C. (2014). Using the past to promote a peaceful future: Nostalgia proneness mitigates existential threat induced nationalistic self-sacrifice. *Journal of Social Psychology*, *45*, 339-346. <https://doi.org/10.1027/1864-9335/a000172>
- Roylance, C., **Abeyta, A. A.**, Routledge, C., & Juhl, J. (2014). The existential consequences of an unjust world: The effects of individual differences in belief in a just world and just world threats on death-thought accessibility. *Basic and Applied Social Psychology*, *36*, 452-460. <https://doi.org/10.1080/01973533.2014.944312>

### ***Invited Chapters in Edited Volumes***

\*Undergraduate author under my supervision \*\*Graduate student under my supervision

- Abeyta, A. A.**, & \*\*Blake, E. (2020). The Existential implications of individual differences in religious defensive and growth orientations: Fundamentalism, quest religiosity, and intrinsic/extrinsic. In C. Routledge & K. Vail (Eds.), *The science of religion, spirituality, and existentialism*. New York, NY: Elsevier.
- Abeyta, A. A.**, Nelson, T. A., & Routledge, C. (2019). Precious time: The role of time and temporal thought in managing death awareness. In C. Routledge, & M. Vess, (Eds). *The handbook of terror management theory* (pp. 209-221). New York, NY: Elsevier.

**Abeyta, A. A., & Routledge, C. (2017).** Nostalgia as a psychological resource for a meaningful life: Nostalgia affirms perceptions of meaning in life, fortifies meaning, and mobilizes meaningful pursuits. In M. Robinson & M. Eid (Eds.), *The happy mind: Cognitive contributions to well-being* (427-442). New York: Springer.

**Abeyta, A. A., & Routledge, C. (2016).** Sentimentality. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *Encyclopaedia of Personality and Individual Differences*. New York: Springer.

Routledge, C., Roylance, C., & **Abeyta, A. A. (2016).** Nostalgia as an existential intervention: Using the past to secure meaning in the present and the future. In P. Russo-Netzer, S. E. Schulenberg, & A. Batthyany (Eds.), *To thrive, to cope, to understand – Meaning in positive and existential psychotherapy* (343-362). New York: Springer.

**Abeyta, A. A. & Pyszczynski, T. (2012).** Maintaining a free and open society in the face of existential threat. In H. Gander, W. Perron, R. Poscher, G. Riescher, & T. Würtenberger (Eds.), *Resilienz in der offenen Gesellschaft* [Resilience in the open society] (pp. 211-227). Nomos-Verlag: Baden-Baden.

### ***Popular Press Publications***

**Abeyta, A. (2024, April 16).** Don't discount your past on the path to a successful career. *Profectus Magazine*. <https://profectusmag.com/dont-discount-your-past-on-the-path-to-a-successful-career/>

Routledge, C., & **Abeyta, A. (2024, March 4).** America's hopelessness crisis may have less to do with the economy and more to do with Gen Z's mental health, new survey shows. *Fortune*. <https://fortune.com/2024/03/04/america-hopelessness-crisis-economy-gen-z-mental-health-survey/>

**Abeyta, A. A. (2023, July 18).** If you believe: How meaning can improve college outcomes. *Profectus Magazine*. <https://profectusmag.com/if-you-believe/>

### ***Institute Research Briefs***

**Abeyta, A. A. (2025, March 14).** The psychological building blocks of agency. Archbridge Institute Human Flourishing Lab. <https://www.archbridgeinstitute.org/wp-content/uploads/2025/03/HFL-The-Psychological-Building-Blocks-of-Agency.pdf>

Routledge, C., & **Abeyta, A. A. (2024, January 31).** Hope in America: Visions of the future. Archbridge Institute Human Flourishing Lab. <https://humanflourishinglab.org/wp-content/uploads/2024/02/HFL-Hope-in-America-2024.pdf>

**Abeyta, A. A.** (2023, October 17). The science of hope. Archbridge Institute Human Flourishing Lab, Strengthen ND. <https://humanflourishinglab.org/wp-content/uploads/2023/10/HFL-The-Science-of-Hope.pdf>

## **Papers Under Review/ In Preparation**

\*Undergraduate author \*\*Graduate student under my supervision

**Abeyta, A. A., & Routledge, C.,** (2024). *Existential agency: A resource for psychological functioning and goal motivation*. Manuscript under review.

**Abeyta, A. A., Routledge, C., & FioRito, T.** (2024). *Existential agency is a resource for stress management in college and career*. Manuscript in preparation.

**Abeyta, A. A.** (2024). *Nostalgic reflection eases fear of negative evaluation*. Manuscript in preparation.

## **Grants Scholarships, and Other Funding**

### Funded

Funder: Rutgers Faculty Diversity Collaborative 2024  
Title: The Social Science Squad (SSS): Bringing a Global Lens to the WEIRD Problem  
PD/PI: Yoona Kang  
Role: CoPD/PI  
Type: Competitive Internal Mutual Mentoring Grant  
Amount: \$6,000 over 12 months

### Unfunded

Funder: National Science Foundation 2021, 2022  
Title: Increasing the Retention and Graduation of Bridging-the-Gap students in STEM by building a resilient purpose for learning  
PD/PI: Kwangwon Lee  
Role: CoPD/PI  
Type: External Scholarship and Research Grant  
Outcome: not funded but graded "Highly Competitive."

## **Presentations**

### ***Invited Talks***

**Abeyta, A. A.** (2025, April). *Understanding the Science of Nostalgia and Collective Nostalgia*. Presented at the American Press Institute (API) Local News Summit on Local Identity, History and Sustainability, Nashville, Tennessee.

**Abeyta, A. A.** (2024, June). *Insights from Social Psychology for Inspiring Hope and Community in Local News Coverage*. Presented at the American Press Institute (API) Local News Summit on Rural Journalism, Community and Sustainability, Tulsa, Oklahoma.

**Abeyta, A. A.** (2022, December). *Psychological strategies to help underrepresented students answer the questions of belonging*. Presented at the National Council for Social Studies Annual Conference, Camden, New Jersey.

**Abeyta, A. A.** (2022, September). *Existential agency and implications for psychological health and human progress*. University of Rutgers-Camden, Camden, New Jersey.

**Abeyta, A. A.** (2021, April). *An existential psychology perspective on Nora Seed's Journey in the novel "The Midnight Library"*. Presented for the Rutgers University Alumni Association Book Club, Camden New Jersey.

**Abeyta A. A.** (2020, January). *A Question of Belonging: Psychological Factors that promote perceptions of belonging/fit in first-generation college students*. University of Rutgers-Camden, Camden, New Jersey.

**Abeyta, A. A.** (2018, February). *The truth is out-there: The need for meaning in life motivates religious and non-religious magical beliefs*. University of Rutgers-Camden, Camden, New Jersey.

### ***Paper Presentations (First Author or Supervisory role only)***

**Abeyta, A. A.,** Routledge, C., & FioRito, T. (2024). *Existential agency: A resource for psychological functioning and goal motivation*. To be presented at the annual Society for Personality and Social Psychology (SPSP) conference in San Diego, CA.

**Abeyta, A. A.** (2023). *Psychological strategies to help underrepresented students answer the question of belonging*. Presented at the inaugural Rutgers Summit on Student Success in Piscataway, NJ.

**Abeyta, A. A., & Routledge, C.** (2022). *Existential agency: A critical resource for human flourishing and progress*. Presented at the First Annual Global Scientific Conference on Human Flourishing virtual conference.

**Abeyta, A. A.** (2022). *Existential agency and implications for psychological health and human progress*. Presented at the 2022 Eastern Psychological Association Meeting in New York, NY.

**Abeyta, A. A., & Routledge, C.** (2019). *Explaining religion's path to a meaningful life: The role of meta-emotional competencies*. Presented at the annual American Psychological Association convention in Chicago, IL.

**Abeyta, A. A.,** Routledge, C. (2018). *Narcissists gain existential benefit from extrinsic goals.* Presented at the annual meeting of the Midwestern Psychological Association in Chicago, IL.

**Abeyta, A. A.,** & Routledge C. (2018). *The need for meaning and religiosity: An individual differences approach.* Presented at the Psychology of Religion and Spirituality Preconference to the Society for Personality and Social Psychology Conference in Atlanta, GA.

**Abeyta, A. A.,** Routledge, C., & Sedikides, C. (2016). *Material meaning: Narcissists gain greater existential benefits from extrinsic than intrinsic goals.* Presented at the 28th annual Association for Psychological Science (APS) conference in Chicago, IL

**Abeyta, A. A.,** & Routledge, C. (2015). *Fountain of youth: The impact of nostalgia on subjective age and implications for health.* Presented at the Subjective Time and Mental Time Travel Preconference to the Society for Personality and Social Psychology Conference in Long Beach, CA.

**Abeyta, A. A.** & Chan, E. (2009). The impact of positive racial attitudes on campus climate. Presented at the 2009 Rocky Mountain Psychological Association Conference in Albuquerque, NM.

### ***Conference Posters (First Author or Supervisory role only)***

\*Undergraduate author \*\*Graduate student under my supervision

\*\*Johnson, Chareina C. & **Abeyta, A. A.** (2025). *The Role of Existential Isolation and Help-Seeking in First-Generation College Students.* Presented at the 2025 Existential Psychology Conference in Denver, CO.

\*Trieu, E., & **Abeyta, A. A.** (2023). *Finding Meaning in Education Bolsters Academic Self-Efficacy.* Presented at the 2023 Existential Psychology Virtual Conference.

\*Hasna, N., & **Abeyta, A. A.** (2022). *The impact of nostalgia on college belonging and college optimism among first-generation college students.* Presented at the Special Celebration for Undergraduate Research and Creative Activity Conference for recipients of the Rutgers-Camden Summer Undergraduate Research Grant, Camden, NJ.

\*Hasna, N., & **Abeyta, A. A.** (2022). *Belonging intervention among first-year students.* Presented at the annual Rutgers University Camden Celebration for Undergraduate Research and Creative Activity Conference, Camden, NJ.

\*Trieu, E., & **Abeyta, A. A.** (2022). *Effects of Academic Self-Efficacy with Meaningful Education.* Presented at the Special Celebration for Undergraduate Research and Creative Activity Conference for recipients of the Rutgers-Camden Summer Undergraduate Research Grant, Camden, NJ.

- \*Trieu, E., & **Abeyta, A. A.** (2022). *Existential agency's effect on rates of help-seeking in the form of campus resources*. Presented at the annual Rutgers University Camden Celebration for Undergraduate Research and Creative Activity Conference, Camden, NJ.
- \*Collier, K. & **Abeyta, A. A.** (2021). *The role of purpose for learning in achieving educational goals*. Presented at the 2021 Eastern Psychological Association Meeting.
- \*Collier, K. & **Abeyta, A. A.** (2021). *The role of purpose for learning in achieving educational goals*. Presented at the annual Rutgers University Camden Celebration for Undergraduate Research and Creative Activity Conference, Camden, NJ.
- \*Ketcham, J., **Abeyta, A. A.**, & \*Collier, K. (2021). *Religiosity, meaning in life, and meta-emotional competencies*. Presented at the annual Eastern Psychological Association Meeting.
- \*Ketcham, J., **Abeyta, A. A.**, & \*Collier, K. (2021). *Religiosity, meaning in life, and meta-emotional competencies*. Presented at the annual Rutgers University Camden Celebration for Undergraduate Research and Creative Activity Conference, Camden, NJ.
- Abeyta, A. A.**, \*Minuche, L., & \*\*Blake, E. (2020). *Nostalgia promotes a sense of campus belonging Among First-Generation College Students*. Presented at the annual meeting of the Society for Personality and Social Psychology in New Orleans, LA.
- \*\*Blake, E., & **Abeyta A. A.** (2020). *Nostalgia reduces the fear of negative evaluation*. Presented at the annual meeting of the Society for Personality and Social Psychology in New Orleans, LA.
- \*\*Blake, E., & **Abeyta, A. A.** (2020). *Attachment, Social Goals, and Meaning*. Presented at the 7<sup>th</sup> annual Happiness and Well-Being preconference of the annual meeting of the Society for Personality and Social Psychology in New Orleans, LA.
- \*Forty, E., & **Abeyta, A. A.** (2020). *College struggles: The reasons why college students don't seek academic support*. Presented at the annual Rutgers University Camden Celebration for Undergraduate Research and Creative Activity Conference, Camden, NJ.
- \*Ketcham, J., & **Abeyta, A. A.** (2020). *Exploring the relationship between emotional regulation and religiosity*. Presented at the annual Rutgers University Camden Celebration for Undergraduate Research and Creative Activity Conference, Camden, NJ.
- \*Santos, J., & **Abeyta, A. A.** (2020). *College success: How meaningful education can influence undergraduate students*. Presented at the annual Rutgers University Camden Celebration for Undergraduate Research and Creative Activity Conference, Camden, NJ.
- Abeyta, A. A.** (2019). *The meaningful struggle: First-generation college students benefit from finding a sense of meaning and purpose in their academic efforts*. Presented at the annual meeting of the Society for Personality and Social Psychology in Portland, OR.

- \*\*Kaslon, S., Abeyta, A. A., & Routledge, C. (2019).** *An existential function of doomsday: The effects of existential vulnerability and meaning threat on apocalyptic beliefs.* Presented at the annual meeting of the Society for Personality and Social Psychology in Portland, OR.
- \*Minuche, L., & Abeyta, A. A. (2019).** *Nostalgia for struggling first-generation students.* Presented at the annual Rutgers University Camden Celebration for Undergraduate Research and Creative Activity Conference, Camden, NJ.
- \*Ozer, E., & Abeyta, A. A. (2019).** *Digital Compensation? Exploring the relations between the need for meaning in life, the need for social belonging, and problematic internet use.* Presented at the annual Rutgers University Camden Celebration for Undergraduate Research and Creative Activity Conference, Camden, NJ.
- \*Santos, J. K., & Abeyta, A. A. (2019).** *Nostalgic influence in undergraduate college students.* Presented at the annual Rutgers University Camden Celebration for Undergraduate Research and Creative Activity Conference, Camden, NJ.
- Abeyta, A. A., & Routledge, C. (2018).** *Nostalgia regulates loneliness by energizing approach-related social motivation.* Presented at the annual meeting of the Society for Personality and Social Psychology in Atlanta, GA.
- Abeyta, A. A., & Routledge, C. (2017).** *On religion and the need for existential meaning: Differences in the need for meaning in life predict religiosity.* Presented at the annual meeting of the Society for Personality and Social Psychology in San Antonio, TX.
- Abeyta, A. A., & Routledge, C. (2015).** *The past pushes you forward: Nostalgia inspires social goal pursuit.* Presented at the annual meeting of the Society for Personality and Social Psychology in Long Beach, CA.
- Abeyta, A. A., Routledge, C., & Juhl, J. (2014).** *The existential benefits of emotional understanding: Exploring the relationship between trait meta-mood and personal meaning in life.* Presented at the annual meeting of the Society for Personality and Social Psychology in Austin, TX.
- Abeyta, A. A. & Pyszczynski, T. (2013).** *Finding comfort in meaninglessness? The impact of existential threat on the existentially indifferent.* Presented at the annual meeting of the Society for Personality and Social Psychology in New Orleans, LA.
- Abeyta, A. A., Pyszczynski, T., & Chan, E. (2012).** *Clarifying the role of uncertainty in terror management processes: The impact of the uncertain aspects of death on ingroup bias.* Presented at the annual meeting of the Society for Personality and Social Psychology in San Diego, CA.

**Abeyta, A. A.,** Chan, E., & Bennet, J., (2009). *Extending stereotype threat to low-income parents: Impact on parenting styles*. Presented at the annual meeting of the Society for Personality and Social in Tampa, FL.

## **Honors and Awards**

Chancellor's Award for Outstanding Research and Creative Activity Rutgers University Camden	2024
Human Flourishing Research Fellowship Archbridge Institute	2024-2025
Flourishing in Action Fellowship Archbridge Institute	2023-2024
Chancellor's Award for Academic Diversity and Inclusion Rutgers University Camden	2023
Early Career Faculty Fellowship Rutgers Institute for the Study of Global Racial Justice	2022-2023
Graduate Student Council Research Symposium Poster Award North Dakota State University	2017
Graduate School Dissertation Fellowship North Dakota State University	2016-2017
Graduate Student Council Travel Award North Dakota State University	2016
Outstanding Research Award College of Math and Science North Dakota State University	2015
Graduate Student Poster Runner-up Award Society for Personality and Social Psychology Conference	2015
Predocctoral Fellowship- Honorable Mention Ford Foundation	2013
Academic Scholarship Cinco de Mayo Inc.	2010
Academic Scholarship Esperanza Education Foundation	2009

Undergraduate Diversity Award  
Society for Personality and Social Psychology Conference

2009

## Teaching Experience

<u>Rutgers University Camden</u>	2017-present
Psych 135 Introduction to Social Psychology (taught in-person & online)	
Psych 256/255 Research Methods in Psych (taught in-person & online)	
Psych 365 Cultural Psychology (taught in-person)	
Psych 457 Existential Social Psychology (taught online)	
Psych 633 Graduate Cultural Psychology (taught in-person)	
Psych 674 Graduate Existential Social Psych (taught in-person)	
<u>North Dakota State University</u>	2015-2016
Psych 350 Stats and Research Methods I (taught in-person)	
Psych 470 Experimental Social Psychology (taught in-person)	
<u>The University of Colorado at Colorado Springs</u>	2009-2012
Psych 2110 Research Methods- Laboratory Instructor (taught in-person)	
<u>Colorado College</u>	<u>Summer 2019</u>
PSY 202 Psychology Research Methods and Statistics (co-taught in-person)	

## Mentorship

### M.A. Students

Xuanzhou Du, Rutgers University Camden, Psychology – M.A. expected 2025

Ethan Trieu, Rutgers University Camden, Psychology – M.A. expected 2025

Jason Jones, Rutgers University Camden, Liberal Studies – MA expected 2025

Capstone Paper: *Mitigating the Psychological Impact of Financial Insecurity through Financial Literacy Training*

Simran Pillarisetty, Rutgers University Camden, Psychology – Graduated M.A. 2024

Thesis: *Bridging the Gap: The Role of Nostalgia in Mitigating Existential Isolation*

Elizabeth Blake, Rutgers University Camden, Psychology – Graduated M.A. 2020

Thesis: *Individual differences in attachment orientation, social goal orientation, and meaning in life* (awarded departmental distinction)

Samuel Kaslon, Rutgers University Camden, Psychology – Graduated M.A. 2019

Thesis: *Existential function of doomsday: The effects of existential vulnerability and apocalyptic beliefs on meaning in life*

### Competitive Funding Research Mentorship

Type: Student Conference Registration Award  
Funding Mechanism: International Society for the Science of Existential Psychology  
Student: Ethan Trieu (undergraduate)  
Project Title: *Finding Meaning in Education Bolsters Academic Self-Efficacy*  
Term: Spring 2023

Type: Summer Undergraduate Research Grant  
Funding Mechanism: Camden College of Arts and Sciences, Rutgers University Camden  
Student: Nafisa Hasna (undergraduate student)  
Project Title: *The impact of nostalgia on college belonging and college optimism among first-generation college students*  
Term: Summer 2021

Type: Summer Undergraduate Research Grant  
Funding Mechanism: Camden College of Arts and Sciences, Rutgers University Camden  
Student: Ethan Trieu (undergraduate)  
Project Title: *Effects of Academic Self-Efficacy with Meaningful Education*  
Term: Summer 2021

Type: Undergraduate Research Fellowship  
Funding Mechanism: Camden College of Arts and Sciences, Rutgers University Camden  
Student: Leah Minuche (undergraduate)  
Project Title: *Nostalgia for struggling first-generation students*  
Term: Fall 2018-Spring 2019

## **Academic and Professional Service**

### Service to the Field

Associate Editor: <i>Social Psychology</i>	2024 - Present
Editorial Board: <i>Social Psychological and Personality Science</i>	2020 - Present
Grant Reviewer: The Israeli Science Foundation	2024
Grant Reviewer: International Society for the Science of Existential Psych	2023 - 2025
Reviewer: Society for Personality and Social Psychology Grad Research Award	2012
Reviewer: Society for Personality and Social Psychology Student Poster Award	2011
Ad-hoc Reviewer: Journal of Personality and Social Psychology, Personality and Social Psychology Bulletin, Perspectives on Psychological Sciences, American Psychologist, Journal of Experimental Social Psychology, Journal of Personality, Journal of Research in Personality, Journal of Applied Social Psychology, Applied Psychology: Health and Well-Being, Health	

Psychology, British Journal of Psychology, Personality and Individual Differences, Self and Identity, International Journal of Applied Positive Psychology, Basic and Applied Social Psychology, Death Studies, Motivation and Emotion, Religion Brain & Behavior, Journal of Social and Personal Relationships, Current Psychology, Frontiers in Psychology, Analyses of Social Issues and Public Policy, International Journal of Psychology

#### Service to Institution and Department

Department of Psychology Undergraduate Program Director	2024-present
Rutgers University-Camden (RUC) General Education Committee	2022-present
RUC Vice Chancellor of Research Search Committee	2022-2023
RUC Truman Scholarship Committee	2023-2024
RUC Psychology Department Diversity Committee Chair	2022-present
RUC Psi Chi and Psychology Club Faculty Adviser	2019-present
RUC Psychology Department Undergraduate Committee	2019-present
RUC Diversity Equity and Inclusion Faculty Committee	2022-2023
RUC Psychology Department Assistant Professor Search Committee	2022-2023
RUC Dean of Arts and Sciences Search Committee	2021-2022
RUC Psychology Department Diversity Committee	2018-2022
RUC Faculty Arts and Sciences Senator	2017-2022
RUC Committee on Diversity Equity and Inclusion	2020-2021
RUC Driving Change Committee	2020-2021
RUC Psychology Department Graduate Committee	2017-2019
RUC Psychology Department Assistant Professor Search Committee	2017-2018

#### **Professional Affiliations**

Eastern Psychological Association

Society for Personality and Social Psychology

Psi Chi the International Honor Society of Psychology

## Selected Media Coverage

- Onque, R. (2024, May 11). It's hard to resist the pull of the 'good old days,' nostalgia researcher says- here's why. *CNBC*. <https://www.cnbc.com/2024/05/11/researcher-why-its-hard-to-resist-the-pull-of-nostalgia.html>
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- Siroto, J. (2021, January 25). 10 Zoom-free ways to nurture friendships during the pandemic: From masked walks to jigsaw puzzle drop-offs, a little creativity can help people stay connected. *Next Avenue*. <https://www.nextavenue.org/10-zoom-free-ways-to-nurture-friendships-during-the-pandemic/>
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## References

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